

THE SEVEN MAJOR CAUSES OF ASSAULT OR SEVERE INJURY

- **DID NOT PREPARE FOR THE THREAT**
- **THOUGHT IT WOULD NEVER HAPPEN TO THEM**
- **BELIEVED THE PERPETRATOR**
- **DID NOT HAVE A SAFETY/SURVIVAL ACTION PLAN**
- **DID NOT COMMIT TO SURVIVAL**
- **DID NOT CONTROL THE PERPETRATOR OR THE ENVIRONMENT**
- **JUST GAVE UP!**